

# Showing gratitude

This is a short Monday Motivation Bonus, but it could have big results.

I was speaking with my wife tonight, and she brought up something I thought I would share with you.

She calls it "Flower Day."

My wife is the most wonderful person in the world (you can tell I love her). Today at work, she decided she needed to celebrate life.

Going to a local grocery store, she bought bouquets of roses and carnations. Taking them back to the office, she gave a flower to each of the other women where she works.

She did it to show thanks to them. Each of them happily took their flower, and each of those flowers brightened up their day.

It's a little thing -- but it can make a big difference in people's lives. After all, it's the little things that count -- when they're given sincerely.

How many of us take the time out of our busy days to listen to a co-worker, comfort a friend, hug our children, or do a household chore for our spouse?

How many of us give flowers, or cookies, or chocolate, for no reason at all?

If you haven't done it, try it -- you'll be pleased with the results you get -- as my wife was today.

Sure, there's always Valentine's Day, and anniversaries, and Christmas, and birthdays -- but those are the days where we are **expected** to do something special. The other days -- the ordinary days -- can be turned into extraordinary days, with just a little bit of effort.

Each of us can make our own "Flower Day." Each of us can lift the life of someone else -- maybe even a stranger on the street -- just by doing something unexpected, but special.

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