

Dynamic living

Is your life fulfilling? Exciting? Amazing?

If not, why not?

Life is meant to be lived – and very few of us actually live life to its potential. Most of us live a dark shadow of what our life could be – in fact, most of us don't even consider what our lives could be.

How can we make our lives better? Let's look at some simple steps.

1. Determine **why** you're here. Everyone needs a purpose to their life, and if you don't have one, then you either should **find** one or **make** one. Having a purpose means that you live for something important. It may be important only to your family, or your friends, or your company, or yourself – but having a purpose makes a difference – sometimes a major difference.

Following a purpose in your life means that you'll always know where you should be going, what you should be doing.

2. Live each day with enthusiasm. Greet the new day with joy in your heart. Meet each friend and acquaintance with appreciation. Enjoy each new encounter; relish each bend and twist in the road of life.

3. Learn from everyone. Not everyone is a great positive role model – but each can stand as an example to you – if only as a bad example! Examine the lives of people you trust and admire. Emulate their good traits. Discard any bad traits.

4. Help others where you can. Provide service when you can do so. Help make the world a better place.

5. Examine the beautiful things life offers. Listen to the birds, view the sunrise, watch the sunset.

6. Concentrate on the positive aspects to your life. Minimize the negative areas.

7. Associate with like-minded positive people. Stay away from the naysayers.

8. Embrace new experiences. Never pull away from personal growth opportunities.

9. Embrace every good chance that comes your way.

10. Make your slogan "can do," not "might do" or "won't do."

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