

# Looking for the best

I know several people who always look for the worst.

Give them a summer's sky and they'll point out the clouds. Show them a best-selling book, they'll look for bad grammar. Tell them a joke, they'll point out how impossible the situation would be (after all, how many times does a minister, a doctor and a dog walk into a bar?).

In other words, no matter where they are looking, they're always looking for the worst in life.

Other people look for the best. They concentrate on the positive things. Confronted with a summer's sky, they'll comment on how "glorious" the day is. Put them in a thunderstorm, they'll turn to the heavens and feel the rain on their face. Tell them a joke, they'll tell you a better one.

In other words, although there are a number of different types of people in the world, many fall into either the "positive" camp or the "negative camp."

If you're a regular reader of this feature, you know I often quote Winston Churchill. Here's one of his statements that is particularly worthwhile here: "I am an optimist. It does not seem too much use being anything else."

Churchill was right. There is really no point going through life hating everything, everyone, and everywhere. We're much better off to learn to find the good in almost any situation.

It's always better to "look for the best."

Where do you practice this policy? You look for the best in others; you look for the best in situations; you look for the best in yourself – yes, even yourself.

Our lives are too short to concentrate on the difficulties. We should concentrate on the opportunities.

We should always look for the best.

Now on a personal note, the date for this piece is my wife's birthday. I won't tell you how old she is – but she certainly is a person who has always looked for the best in others – and constantly finds it. She even found the best in me – and I will always be grateful for that.

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