

Keeping positive in a negative time

This era we are in is a difficult one. We've all seen the tragedies brought about by a bunch of maniacs flying airliners. We're looking at cutbacks, layoffs, stock market troubles. We are looking at a negative time.

How do we stay positive? We choose to act, not react.

Troubles will come and go. Hard times will find us; they always do. Good times will be on the heels of the difficult times.

Remember the words of the world: "This, too shall pass."

Nothing is as constant in our lives as change. Change will happen, and some of it will be positive on the face of it; some of it will appear negative, but will be positive further down the road.

We choose how we see the change. We choose whether a layoff is an opportunity to find a better job. We choose to see a stock market decline as an opportunity to buy an undervalued stock -- knowing that markets, like life are cyclical.

We can choose to look at the war that seems to be coming as a chance to wipe out intolerance, terrorism, and hatred.

It's all in how we choose to look at it.

The important thing in life is not usually what happens to us, but what we **do** with what happens our way. **Doing** is everything.

Choose to look at life as a miracle, and it becomes one. Choose to look at it as drudgery, and it becomes that.

Choose wisely how you'll live you life. Choose wisely how you'll respond to the things that life brings you. Look back sparingly. Love deeply. Live intensely.

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